

Craftsbury Freestyle Marathon

Craftsbury Outdoor Center, Craftsbury Common, VT Sunday, January 28 10 A.M. 30K, Freestyle Mass start 2 laps of 13.5K Event website info <u>here</u>

Forecast/Conditions: Overnight low of 28, temperature at start 30. Mix of transformed and possibly some new snow, PistenBully groomed track. Mostly cloudy, high of 33.

<u>Glidewax</u>: Apply High Performance Red Hot Wax, scrape and brush. Sprinkle on HP Powder Red, iron in, let cool, scrape and brush. If you do not have HP Powder, apply BP Red Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: N/A

<u>Structure</u>: A Universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax/Powder will best suit these conditions.

Created by Stuart Kremzner, Toko Tech Team member since 2005.

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at <u>TokoUS.com</u>.

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