

WAX RECOMMENDATION **TOKO[®]**

ABC Invitational Relays

Vasaloppet Center, Mora, MN

Saturday, January 13

10 A.M. Boys, 11:30 A.M. Girls

4x3K Relays - 2 classic and 2 freestyle skiers/team

Mass start - Number of laps TBD

www.skinny ski.com/racing/highschool/2023/abcrelays12-07.pdf

Forecast/Conditions: Overnight low of 5F rising slightly for the races. A couple inches of snow is likely to fall on Friday during very windy conditions. Winds during the race of 20 mph with gusts to 30 mph. Expect a solid racing surface of manmade snow.

Glidewax: Apply Performance Blue Hot Wax, scrape and brush. Then apply HP Blue, sprinkle on X-Cold Powder, iron in together, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply additional layers of Nordic GripWax Blue, corking between layers.

Structure: A fine or universal structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Racing - Service

Created by Gerald Slater, Toko Tech Team member since 2006. grslater@comcast.net

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.