

Coleraine JNQ CXC Cup - Freestyle

Mt. Itasca, Coleraine, MN Saturday, January 20 Individual starts from 10 A.M. – 2:40 P.M. All race distances on 1.65K manmade snow loop https://mtitascanordic.wixsite.com/cxc-cup

Forecast/Conditions: Overnight low near -15F with a high of 9F under clear skies and a light breeze. Expect machined course conditions comprised of a mix of manmade and natural snow.

<u>Glidewax</u>: Apply Performance Blue Hot Wax, scrape and brush. Apply High Performance Blue Hot Wax, sprinkle on X-Cold Powder, iron in together, let cool, scrape and brush. Sprinkle on HP Powder Blue, iron in, let cool, scrape and brush. If you do not have HP Powder, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, sprinkle on X-Cold Powder, iron in together, scrape and brush.

<u>Gripwax:</u> N/A

<u>Structure</u>: A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by Frank Lundeen, Toko Tech Team member since 1999. tokowaxtip@gmail.com

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at <u>TokoUS.com</u>.