



American Birkebeiner Trailhead, Cable, WI Saturday, January 13 9 A.M. 15K Classic, 10:30 A.M. 30K Classic 1:30 P.M. 3K-6K Youth races, Classic https://www.birkie.com/ski/events/seeley-hills-classic/

Forecast/Conditions: Overnight low of about 9F with a daytime high in the low to mid-teens. Expect snow to be falling leading up to and during the day with blustery winds. The race course will be a roughly 3.75K lap. Expect a machined base (mix of manmade and natural snow) covered in fresh snow, with glazing snow conditions as the day goes on due to the number of skiers skiing this lap.

Glidewax: Apply Performance Blue Hot Wax, scrape and brush. Then apply High Performance Blue Hot Wax, sprinkle on X-Cold Powder, iron in together, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green short (in klister zone), cork smooth, let cool. Then apply 2 alternating layers of GripWax Blue and Base Wax Green corking between each layer, finishing with GripWax Blue. Stay short, not beyond klister zone. Elite skiers may consider covering this with 2 thin layers of GripWax X-Cold, lightly corking each layer.

Structure: A fine linear grind covered by one pass with the Blue Structurite tool after scraping and brushing the final HP Hot Wax layer will best suit these conditions.

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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