



Blackhawk Ski Club, Middleton, WI Saturday, January 27 10 A.M. Zero, 11 A.M. 5K Women, 11:45 A.M. Men Interval starts Laps and loops TBD http://www.webscorer.com/register?raceid=338913

Forecast/Conditions: Several days of above freezing weather will soften the snowpack. Expect an overnight low just above freezing and a racetime temperature in the mid-30s. Expect the trail to soften and break down with the warm temperatures and lap traffic.

Glidewax: Apply Performance Blue Hot Wax, scrape and brush. Apply High Performance Red Hot Wax, scrape and brush. Spray on HP LP Yellow, let stand at least 2 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Red Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

**Structure:** A universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax/Powder or before spraying HP LP will best suit these conditions.

Created by Ben Lund, Toko Tech Team member since 2000.

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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