

WAX RECOMMENDATION **TOKO**[®]

Roy Varney Memorial - Quarry Rd Opener

Quarry Road Trails, Waterville, ME

Sunday, December 17

9:30 A.M.

5K for U16, 7.5K all others, Skate

Mass start

2 or 3 loops

<http://quarryroad.org>

Forecast/Conditions: Overnight low of 26 rising all day to a high of 42. Cloudy and calm. Manmade snow with PistenBully grooming.

Glidewax: For U16 morning races, apply High Performance Blue Hot Wax, scrape and brush. Spray on HP Red Liquid Paraffin, let stand at least 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

For later races, apply HP Red Hot Wax, scrape and brush. Spray on HP Yellow Liquid Paraffin, let stand at least 2 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Red Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions. Later races use the Yellow Structurite tool.

Created by Rob Bradlee, Toko Tech Team member since 2000. Rob@FreedomTrailNordic.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service