

Elm Creek Park Reserve, Maple Grove, MN Saturday, December 16 8 A.M. Masters, 8:45 A.M. Juniors Mass start for this 6 lap, 1.5K Skate Relay www.facebook.com/events/878515483473316/?active_tab=discussion

Forecast/Conditions: A 40 percent chance of rain Friday evening, with the overnight low of 34 and race time temperature of 34. Most cloudy with 10 mph winds from the south. Expect a manmade snow racing platform that is moist and softens with skier traffic.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Spray on HP Yellow Liquid Paraffin, let stand for up to two hours, then polish with the Liquid Paraffin Polishing Brush. If you do not have LP spray, apply BP Red Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

Structure: A wet or universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.