

Bogus Skiathlon

Bogus Basin, Boise, ID Saturday, December 9 10 A.M. 10K/6K Classic and Skate (5K+5K or 3K+3K, continuous) Mass start 2 loops https://www.bbnt.ski/race

Forecast/Conditions: The temperature will drop significantly starting Thursday with up to 4-6 inches of new snow. Possible snow through Friday night, low of 14 with a predicted race start of 19. Expect fresh snow on the existing base. This is a hilly course!

Glidewax: Apply Performance Blue Hot Wax, scrape and brush. Then apply High Performance Blue Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2 layers of Nordic GripWax Blue, corking between layers. If more kick is desired, apply one layer of Nordic GripWax Red covered by two light layers of Nordic GripWax Blue, corking between layers.

Structure: A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing hot wax will best suit

these conditions Created by Randy Anderson, Toko Tech Team member since 2015. Highbasin@gmail.com Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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