

# WAX RECOMMENDATION



## Duluth CXC Cup - Freestyle Sprint

Grand Avenue Nordic Center, Duluth, MN

Saturday, December 9

8:30 A.M. Qualifier, Rounds to follow. Finals wrap up at about 4:30 P.M.

650M or 1300M, Freestyle Sprint

<https://www.duluthsupertour.com/cxc-cup>

**Forecast/Conditions:** Overnight low in the upper 20's, with temps rising steadily throughout the day to the mid 30's for most of the finals, with a chance of snow/rain showers. Race course conditions are expected to be nearly 100% machined manmade snow. Snow will be glazing as the day goes on, particularly as most skiers race 2 laps.

**Glidewax:** Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

**Gripwax:** N/A

**Structure:** A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Frank Lundeen, Toko Tech Team member since 1999. tokowaxtip@gmail.com

Check the [Wax Tips](#) page at [TokoUS.com](#) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](#).

Racing - Service