

WAX RECOMMENDATION **TOKO[®]**

Grand Mesa Winterstart 5km/5km

Skyway Trailhead, Grand Mesa, CO

Saturday, December 2

11 A.M. Classic start, 12:30 P.M. Skate start

5K Classic/Skate

Mass start

<https://gmnc.org/event/2023-winterstart-5km-5km-race/>

Forecast/Conditions: Overnight low 6F warming into the teens for the start of both races. Snow showers likely overnight and during the day. Expect cold, wintery conditions at this elevation.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on HP Liquid Paraffin Blue, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply Performance Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-3 layers of Nordic GripWax Blue, corking between layers.

Structure: A fine grind with no additional structure will best suit these conditions.

Created by Stephen White, Toko Tech Team member since 2005. xcwhite@gmail.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

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