

Sierra Skogsloppet

Tahoe Donner XC Center, Truckee, CA Sunday, March 26 9 A.M. 15K, Freestyle Mass start 1 loop http://tahoedonner.com/xc

Forecast/Conditions: Overnight low 11, temperature at start 19, with a high of 30. New snow on Thursday/Friday that will be slowly transforming. Partly cloudy and breezy. Perhaps the only race of the year that snow is not expected during the race....

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax/HP Red Hot Wax mixed 1:1, scrape and brush.

Gripwax: N/A.

Structure: A fine structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Ben Grasseschi, Toko Tech Team member since 2003. Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Servic