

Bring Back Biathlon

Jug Mountain Ranch, McCall, ID Saturday, March 4 10:30 A.M.-2:30 P.M. practice, Race at 2:30 P.M. 5K, Skate Interval start https://www.mccallnordic.com/racing/bbb/

Forecast/Conditions: New snow throughout the week. Friday night low around 9F, Saturday high and race start temperature around 30 with a 60 percent chance of light snow during the race. Jug Mountain ranch is often colder than forecasted and the track will remain mostly shaded.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Then apply High Performance Blue Hot Wax/HP Red Hot Wax mixed 1:1, scrape and brush.

Structure: A universal grind covered by one pass with the Red Structurite tool after scraping and brushing the final HP Hot Wax layer. Be sure to brush well after applying structure.

ervice

Created by Randy Anderson, Toko Tech Team member since 2015. Highbasin@gmail.com

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.