



Michigan High School Championships

Hickory Hills, Traverse City, MI Friday, March 3 1 P.M. 5K Freestyle, Individual start 4 P.M. 4 x 1K Mixed Relay, Freestyle, Mass start More info here

Forecast/Conditions: Overnight low of 20, temperature at start of 34. Expect a mix of transformed and manmade snow, machine tilled. Expect mostly cloudy skies and 15 mph winds.

Glidewax: For the morning race, apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush. For the Sprint Relay, apply HP Red Hot Wax, scrape and brush. Spray on HP Yellow Liquid Paraffin, then polish with the Polishing Brush Liquid Paraffin.

Gripwax: N/A

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Nickola Baic, Toko Tech Team member since 2007.

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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