

WAX RECOMMENDATION



Michigan High School Championships

Hickory Hills, Traverse City, MI

Saturday, March 4

9 A.M. 5K Classic, Individual start

Noon 1K Classic Sprint Qualifier, Heats to follow

More info [here](#)

Forecast/Conditions: Overnight low of 27, temperature at start of 30. There is a 50 percent chance of 1 inch of snow overnight. Expect a mix of fresh and manmade snow, machine tilled. Expect mostly cloudy skies.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Spray on High Performance Yellow Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply alternating layers of Nordic GripWax Red and Base Wax Green, corking between layers. Final layer should be Red.

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Nickola Baic, Toko Tech Team member since 2007.

Check the [Wax Tips](#) page at [TokoUS.com](#) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](#).

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