

## New England Club Relay Championship

Craftsbury Outdoor Center, Craftsbury, VT Saturday, March 25 9 A.M. 4 x 5K, Skate Mass start, teams of 4 One loop More info here

Forecast/Conditions: Overnight low of 20 with the temperature staying in the 20s during the race. Chance of snow. Cloudy.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Then apply HP Red Hot Wax, scrape and brush. If there is no new snow on race day, spray on High Performance Red Liquid Paraffin, let dry, then polish with the Polishing Brush Liquid Paraffin.

## Gripwax: N/A

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Rob Bradlee, Toko Tech Team member since 2000. rob@freedomtrailnordic.com

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.