

## **Citizen Sprints**

Little Ski Hill, McCall, ID Sunday, March 12 6:30 P.M. Skate 1-2 laps on 1K course (1 Heat) https://www.mccallnordic.com/racing/

Forecast/Conditions: New snow at the end of the week. Saturday night low around low of 18 degrees, Sunday high of 35 with a 40 percent chance of new snow. Race start temperature forecasted to be around 32 degrees. The course will be groomed shortly before the race tilling in colder, fresh snow.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Then apply High Performance Red Hot Wax, scrape and brush.

**Structure:** A universal grind covered by one pass with the Red Structurite tool after scraping and brushing the final hot wax layer will best suit these conditions. Be sure to brush after structuring.

ervice ICING

Created by Randy Anderson, Toko Tech Team member since 2015. Highbasin@gmail.com

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.