

Kongsbergers Ozbaldy

Cabin Creek Exit 63 Hwy 90, Snoqualmie Pass, WA Sunday, March 5 9 A.M. 50K, 9:10 A.M. 10K Freestyle technique, Wave starts by distance 50K is 5 laps

http://www.kongsbergers.org

Forecast/Conditions: Overnight low of 23 after receiving a few days of fresh snow packed on top of a 34 inch base that will soften things up substantially by later laps. Temperature should reach 34 by race completion under cloudy skies. A slight chance of minor snowfall possible.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Spray on High Performance Yellow Liquid Paraffin, let stand overnight for 50K and 1-2 hours for 10K skiers, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Red Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

Gripwax: N/A

Structure: A fine or universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by David Ford, Toko Tech Team member since 2003. fordstruc@gmail.com Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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