

WAX RECOMMENDATION **TOKO**[®]

Mount Spokane Nordic Cup JNQ

Mount Spokane XC Park, Mead, WA

Saturday, February 18

9 A.M. Sprint Qualifiers, Heats to follow

1.26K, Freestyle technique

<http://www.spokanenordic.com>

Forecast/Conditions: Overnight low of 26 headed to a daytime high of 34 by completion of heats. Firm and transformed snowpack with mostly cloudy skies are predicted. The 30" snowpack should be in good shape for the event.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Spray on High Performance Yellow Liquid Paraffin, let stand for one hour, then polish with the Polishing Brush Liquid Paraffin. HP LP Yellow spray can also be sprayed and immediately skied wet with great results for one heat. If you do not have LP spray, apply BP Red Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

Gripwax: N/A

Structure: A universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service