

WAX RECOMMENDATION



Minnesota High School Championship

Giants Ridge, Biwabik, MN

Thursday, February 16

10 A.M. 5K Classic, 2 P.M. 5K Skate Pursuit

More info [here](#)

Forecast/Conditions: Overnight low of -3F rising to 3F for the Classic races and 10 for the Skate races. The race course will be solid, consisting of aggressive new snow mixed with transformed snow with wind-blown snow on top in open areas. Windy, gusts 15-20 mph.

Glidewax: Apply High Performance Blue Hot Wax, sprinkle on X-Cold powder, [iron in together](#), scrape and brush. Spray on Base Performance Blue Liquid Paraffin, let stand overnight, then polish with the Liquid Paraffin Polishing Brush. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, sprinkle on X-Cold powder, [iron in together](#), scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply layers of Nordic GripWax X-Cold, corking between layers. Later skiers may wish to substitute GripWax Blue for X-Cold.

Structure: A fine or universal structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax or before spraying BP LP will best suit these conditions.

Created by Gerald Slater, Toko Tech Team member since 2006. grslater@comcast.net

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service