



Wasatch Citizen Series Race #4

Mountain Dell, Salt Lake City, UT Saturday, February 11 10 A.M. for Juniors, about 10:20 A.M. for Adults 10K Freestyle with shorter distances for Juniors/Novice Interval start format 2 laps of a 5K course https://utahnordic.org/wcs/

Forecast/Conditions: Overnight low 23, air temperature at start in mid-30s and partly sunny. Snow will be old and slightly transformed due to lots of machine grooming.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush for Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: NA

Structure: A fine universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Barry Makarewicz, Toko Tech Team member since 2000.

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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