

WAX RECOMMENDATION **TOKO**[®]

Minnesota State High School League Section 4

Battle Creek, Maplewood, MN

Thursday, February 9

9:30 A.M. 5K Classic, Interval start; 11:30 A.M. Relay Heats,

2:15 P.M. 5K Skate, Pursuit start; 4 P.M. Relay Finals

Relays are mass starts

Forecast/Conditions: Several days of thaw/freeze cycles will be followed by an overnight low of 23, rising to 27 for the Classic races and into the low-30s for the other races. Mostly cloudy with a 5-10 mph wind which could gust to 30 mph after 2 P.M. A 30 percent chance of snow after noon. Expect transformed dirty snow with solid Classic tracks but a Skate platform that could break down from heavy skier traffic.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Liquid Paraffin Polishing Brush. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply additional layers of Nordic GripWax Red, corking between layers.

Structure: A fine or universal structure covered by two passes with the Blue Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions. We are recommending the Blue tool in these conditions in light of the dirty snow.

Created by Gerald Slater, Toko Tech Team member since 2006. grslater@comcast.net

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service