

WAX RECOMMENDATION TOKO®

Lake Placid Loppet

Mt. Van Hoevenberg, Lake Placid, NY

Sunday, February 26

9 A.M. Classic, 10 A.M. Freestyle

25K or 50K

Wave start with 1-2 laps

<https://www.skireg.com/lakeplacidloppet>

Forecast/Conditions: Overnight low of 7F, temperature at start 14. Up to a foot of new snow over an icy base, PistenBully groomed, with a chance of snow showers throughout the race, under cloudy skies.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Then apply High Performance Blue Hot Wax, sprinkle on X-Cold Powder, **iron in together**, scrape and brush. Then spray on High Performance Blue Liquid Paraffin, let stand overnight, and polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-4 layers of Nordic GripWax Blue, corking between layers.

Structure: A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service