

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## 2023 GNA Valentine's Day Paintball Biathlon

Gunstock Nordic Trails, Gilford, NH

Sunday, February 12

10 A.M.

6.9K, Skate

Interval start every 15 seconds

3 x 2.5K laps

<https://www.gunstocknordic.com/events/article.aspx?id=8>

Forecast/Conditions: Overnight low of 16 warming to 25 by race start. Mostly sunny. Transformed snow, PistenBully groomed track.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Then apply High Performance Red Hot Wax, scrape and brush.

Gripwax: N/A

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot will best suit these conditions.

Created by Stuart Kremzner, Toko Tech Team member since 2005.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

**Racing - Service**