

WAX RECOMMENDATION **TOKO**[®]

Chisholm Ski Club Eastern Cup

Black Mountain of Maine, Rumford, ME

Sunday, January 15

9:30 A.M.

1.3K, Classic sprint. Heats in the afternoon.

Interval start

1 loop

<http://www.chisholmskiclub.org>

Forecast/Conditions: Several inches of snow on Thursday. Rain Friday morning. Clearing and cooling Friday and Saturday with possible snow showers. Low Saturday night of 18 warming to 31 on Sunday afternoon.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Green Klister. While still warm, apply Nordic Red Klister. Cool outside. Cork smooth. Then apply 2 layers of Nordic GripWax Red, corking between layers.

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Rob Bradlee, Toko Tech Team member since 2000. rob@freedomtrailnordic.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service