

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## Chisholm Ski Club Eastern Cup

Black Mountain of Maine, Rumford, ME

Saturday, January 14

10 A.M.

5K/10K, Skate

Interval start

2 or 4 loops

<http://www.chisholmskiclub.org>

**Forecast/Conditions:** Several inches of snow on Thursday. Rain overnight Thursday and into Friday morning. Clearing and cooling Friday afternoon and overnight. Low Friday night of 26 warming to 31 on Saturday.

**Glidewax:** Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

**Gripwax:** N/A

**Structure:** A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Rob Bradlee, Toko Tech Team member since 2000. [rob@freedomtrailnordic.com](mailto:rob@freedomtrailnordic.com)

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

**Racing - Service**