

WAX RECOMMENDATION **TOKO**[®]

Prospect Sprints

Prospect Nordic Center, Woodford VT

Sunday January 29

11 A.M.

1.3K, Skate

Royal Court sprints going all day

1 lap

Forecast/Conditions: Overnight low Saturday of 25 warming to 32 on Sunday with snow showers. Light accumulation.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush. If warm, wet snow is falling, spray on HP Yellow Liquid Paraffin minutes before your start, do not brush or polish, go ski.

Gripwax: N/A

Structure: A universal structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Rob Bradley, Toko Tech Team member since 2000. rob@freedomtrailnordic.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service