



## Gunnar Hagan Memorial Race

Cabin Creek Exit 63 Hwy 90, Snoqualmie Pass, WA Sunday, January 8 10 A.M.

30K/7.5K, Classic technique (Washington Cup Race #2)

Interval start

4 laps of 7.5K

http://www.kongsbergers.org

Forecast/Conditions: Overnight low of 31, temperature at start 36. Soft, very wet snowpack with some dirt will make the tracks break down easily. A 50 percent chance of moisture falling post-grooming.

Glidewax: No fluorinated wax allowed. Apply Base Performance Red Hot Wax, scrape and brush, then apply High Performance Yellow Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, heat in a thin layer of Nordic Base Klister Green, cork smooth, let cool. Be prepared to apply a layer of Klister Yellow on site. This may be a good day for zeros or other mechanical grip skis due to possible rain/snow mix. If using skin skis, treat skins with Eco Skin Proof. For best performance, apply Eco Skin Proof the day before the event.

**Structure:** A wet or universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by David Ford, Toko Tech Team member since 2003. Fordstruc@gmail.com

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.