

WAX RECOMMENDATION TOKO®

AMH Anchorage Cup Race #2

Hickok Skiathlon & Classic
Kincaid Park, Anchorage, AK
Sunday, January 8

Noon

5K/10K, Duathlon format

Mass start, 2 loops

<https://anchoragenordicski.com/races/amh-anchorage-cup/#tab-id-2>

Forecast/Conditions: Overnight low 8F, temperature at start approaching 20, overcast with a 30 percent chance of light snow the night before and during the event mixed with machine groomed 2-week-old snow. Snow will have some debris from a wind/rain event 1 week ago.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Then apply High Performance Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax Red, corking between layers. If using skin skis, treat skins with Eco Skin Proof. For best performance, apply Eco Skin Proof the day before the event.

Structure: A universal cross structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Ira Edwards here, Toko Tech Team member since 1995. ira@bluedotdist.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service