

## Grand Mesa Classic

Skyway Trailhead, Cedaredge, CO Saturday, December 31 11 A.M. 10K, Classic Mass start

https://gmnc.org/races/

Forecast/Conditions: Overnight low 14, 21 air temperature at start. A 90 percent chance of snow Friday night and occasional snow and breezy conditions Saturday resulting in soft tracks. The wind chill will keep the snow on cold side.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Blue Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-3 thin layers of Nordic GripWax Red, corking between layers. Cover with a thin layer of GripWax Blue, cork smooth.

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Stephen White, Toko Tech Team member since 2005, xcwhite@gmail.com Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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