

WAX RECOMMENDATION **TOKO**[®]

Rikert Grand Prix Eastern Cup Opener

Mt. Van Hoevenberg, Lake Placid, NY

Saturday, December 17

9:45 A.M.

10K Women/Men, 5K U16 Boys/Girls, Classical

Interval start with multiple laps

<https://www.skireg.com/eastern-cup-opener>

Forecast/Conditions: Overnight low 25, temperature at start 30, manmade firm base with several inches of new heavy, wet snow, machine groomed. Snow will fall throughout the day bringing total accumulation of new snow of up to 12 inches.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Spray on HP LP Yellow, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Red Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in a light layer of Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax Red, corking between layers.

Structure: A universal structure covered by one pass with the Red Stucturite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service