

WAX RECOMMENDATION TOKO®

Washington Biathlon Association Race #7

Stevens Pass Nordic Center (5 miles East of Stevens Pass, WA)

Sunday, 13 March

9:45 A.M. Zeroing 10:45 Race

5K men, 4K women

Super sprint modified format

See website for details

<http://www.wabiathlon.org>

Forecast/Conditions: Overnight low of 32F rising to 44F by race completion. 70% chance of rain with winds changing to coming from the west at 13- 60 kph are being forecast a few days out. The forecasting entities are not in agreement, but seem to be confident of rain.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Spray on High Performance Yellow Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply HP Red Hot Wax, scrape and brush.

Gripwax: NA

Structure: A universal or fine structure covered by one pass with the Red Structurite tool followed by a pass with the Blue Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service