

## Sierra Skogsloppet

Tahoe Donner XC, Truckee, CA Sunday, March 27 9 A.M. 5K/7.5K/15K, Freestyle Mass start 1-2 laps www.tahoedonner.com/xc

Forecast/Conditions: Overnight low 38, temperature at start 42, with a high of 50. Transformed and dirty snow. Mostly cloudy and windy with an increasing chance of rain as the day progresses.

<u>Glidewax</u>: Apply High Performance Red Hot Wax, scrape and brush. Spray on High Performance Yellow Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply Performance Black Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush. The Black Hot Wax will help repel dirt.

Gripwax: N/A

<u>Structure</u>: A warm structure covered by one pass with the Yellow Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

Created by Ben Grasseschi, Toko Tech Team member since 2003.

Service

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at <u>TokoUS.com</u>.