

## SMR Stampede Classic

Snow Mountain Ranch Granby, CO Sunday, 13 March 9 A.M. 12.5K, 25K, 50K Classic Mass start by distance 12.5 Loop https://ymcarockies.org/News/Article/nordic-center-events

Forecast/Conditions: Overnight low of 13F, air temps warming to the low 20's by race start and low 30's by race end under partly sunny skies. The forecast is again calling for windy conditions during the race

Glidewax: Apply a layer of High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 1 layer of Nordic GripWax Blue, then apply 3-4 thin layers of Nordic GripWax Red, corking between layers. Consider covering with a thin layer of Blue.

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

Created by Stephen White, Toko Tech Team member since 2005.

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.