



## Oosik Classic Race and Tour

Talkeetna, AK Saturday, 12 March 12pm 50K/25K/10K, Classic technique Mass start 4 loops for the 50K

https://www.denalinordicskiclub.org/oosik-ski-race/

Forecast/Conditions: Overnight low 25F, snow temperature at start Approaching 32F and overcast skies, lots of fresh clean wet snow over the previous week with a chance of light Rain/snow mix Friday night. Fresh grooming in the morning.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Spray on High Performance Yellow Liquid Paraffin, let stand overnight, then polish with the Polishing Brush for Liquid Paraffin. If you do not have LP spray, apply Base Performance Blue Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green or spray on Base Klister Green, cork smooth, let cool. Then apply 4 thin layers of Nordic GripWax Yellow, corking between layers. If using skin skis, treat skins with Eco Skin Proof. For best performance, apply Eco Skin Proof the day before the event. Exact Forecast has changed often, Check at the Toko tent for updated grip wax recommendation.

Structure: A wet/universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing HP Hot Wax or

before spraying HP LP will best suit these conditions. Created by Ira Edwards, Toko Tech Team member since 1995. ira@bluedotdist.com Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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