



35th Denali State Bank Sonot Kkaazoot

Birch Hill Recreation Area, Fairbanks, AK Saturday, March 26 10 A.M. 50K, 30K, 10K, Free technique Wave start, multiple loops https://sonotkkaazoot.org/

Forecast/Conditions: All at Birch Hill. Due to weather change, the Chena River ice has become too unpredictable. Overnight low 14, temperature at start in mid-20s, with clean refrozen groomed snow, temperature approaching 32 near the end. Partly sunny.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers each of Nordic GripWax Red and Yellow, alternating layers and corking between layers.

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing HP Hot Wax or before

spraying HP LP will best suit these conditions. Created by Ira Edwards, Toko Tech Team member since 1995. ira@bluedotdist.com Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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