

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## Teacup Nordic Skate Race

Teacup Sno-Park, Mt. Hood, OR

Saturday, March 19

10 A.M. - 11 A.M.

2K, 5K, 20K, Freestyle technique

Mass start

1-4 loops

[teacupnordic.org/pages/2022-skate-race-march-19](http://teacupnordic.org/pages/2022-skate-race-march-19)

Forecast/Conditions: Slight chance of light snow on Friday.

Saturday, rain and snow showers, becoming all snow after 8 A.M. High near 39. Chance of precipitation is 90 percent. New snow accumulation of 1 to 2 inches possible.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax:

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

Created by Colin Mahood, Toko Tech Team member since 2000.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

**Racing - Service**