

Washington Biathlon Association Race #9

Stevens Pass Nordic Center, 5 miles east of Stevens Pass, WA Sunday, April 3 9:45 A.M. Zeroing, 10:45 A.M. Race Mixed Relays and Barbeque See website for fun event http://www.wabiathlon.org

Forecast/Conditions: Overnight low of 31 with a light breeze out of the southwest. Mostly cloudy Sunday with precipitation predicted to hold off until mid-afternoon. Temperature expected to reach 46 by race completion.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Spray on High Performance Yellow Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Red Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

Structure: A fine or universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions. If you are using Saturday's skis without rewaxing, make certain to brush out accumulated dirt in your structure before your leg.

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.