

## CXC Cup GLD Finals Freestyle

CAVOC Trails, Rhinelander, WI Saturday, February 19 9 A.M. - 10:45 A.M. 5K/10K, Freestyle Mass start 1-2 laps of 5K course Event Website

Forecast/Conditions: Patchy blowing snow between midnight and 1 A.M. Mostly cloudy and windy, with a low around -4F. Saturday mostly sunny, with race temperature 2F-10F.

<u>Glidewax</u>: Apply High Performance Blue Hot Wax, sprinkle on X-Cold Powder, iron in together, scrape and brush. Spray on High Performance Blue Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, scrape and brush.

Gripwax: N/A

<u>Structure</u>: A fine grind covered by one pass with the Blue Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

Created by Michael Young, Toko Tech Team member since 2005.

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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