WAX RECOMMENDATION

Minnesota High School League Section 7

Giants Ridge, Biwabik, MN
Wednesday, February 9
10 A.M. Classic 5K, Interval
Noon Relay Heats, 1:30 P.M. Relay Finals
2:45 P.M. Skate 5K, Pursuit

Racing - Service

Forecast/Conditions: Overnight low of 20 with a 50 percent chance of snow. Temperatures remain steady at 18-20 throughout the races while the probability of snow drops to 40 percent. Wind at 10-12 mph with gusts to 25 throughout the races. Mostly cloudy. Expect a solid, machine prepared course.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Hot Red Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply two layers of Nordic GripWax Yellow followed by additional layers of Nordic GripWax Red, corking between layers.

Structure: A fine or universal structure covered by one pass with the Red Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

Created by Gerald Slater, Toko Tech Team member since 2006. grslater@comcast.net

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.