

# WAX RECOMMENDATION TOKO®

## Open Track American Birkiebeiner

Birkebeiner Trail, Cable to Hayward, WI

Wednesday, February 23

Start Window: 8 A.M. - 9 A.M.

55K Classic, 50K Skate

<https://www.birkie.com/ski/events/open-track/>

Forecast/Conditions: Overnight low of around -5F with a daytime high of around 13. Start time temperature will be just above zero F with partly sunny skies. Expect packed powder conditions, with abrasive snow present from this week's snowstorm, cold temperatures and wind. The track will become soft as more skiers ski the course.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Then apply an additional layer of HP Blue Hot Wax, sprinkle on X-Cold Powder, iron in together, scrape and Brush. Video of application [here](#). Then spray on a thin layer of High Performance Blue Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-4 layers of Nordic GripWax Blue followed by 2 thin layers of GripWax X-Cold, corking between layers.

Structure: A smooth base with no additional structure will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

Racing - Service