

WAX RECOMMENDATION TOKO®

Dublin Double

Dublin School Nordic Center, Dublin, NH

Sunday, February 20

10 A.M. U16 Girls 5K, 10:30 A.M. U16 Boys 5K

11 A.M. Women 10K, 12:30 P.M. Men 15K

Classic, Mass start

1-3 laps

<http://dublinxc.com>

Forecast/Conditions: Overnight low of 13 rising to 33 by afternoon. Manmade snow tilled up after a solid freeze. Sunny skies with a moderate wind.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Klister Green. While still warm apply a 1:1 mix of Nordic Klister Blue and Red.

Structure: A universal structure covered by one pass with the Blue Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

Created by Rob Bradlee, Toko Tech Team member since 1999. rob@freedomtrailnordic.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service