

WAX RECOMMENDATION **TOKO**[®]

Alaska Ski for Women

Kincaid Park, Anchorage, AK

Sunday, February 6

10:30 A.M.

4K, Classic or Skate, or 8K duathlon

Wave starts

www.anchoragenordicski.com/events/alaska-ski-for-women/

Forecast/Conditions: Saturday night mostly cloudy with a chance of snow. Low in the 20s, high in the 30s. Recent snow and forecast snow will result in excellent conditions. Sunday low in the 20s and high in the 30s with possible snow.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2 layers of Nordic GripWax Red, corking between layers. Stop by the Toko tent next to the scoreboard for updated grip wax recommendation.

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

Created by Patrick McGownd, Toko Tech Team member since 2000.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service