

## Kongsbergers Stampede/WNC #4

Cabin Creek Exit 63 Hwy 90, Snoqualmie Pass, WA Sunday, February 6 10:30 A.M. 15K, 5K, 2K, 1K, Freestyle technique Wave starts by distance 15K is 3 laps http://www.kongsbergers.org

Forecast/Conditions: Overnight low of 22 following three days with predicted 50 percent chance of minor daily snowfall at temperatures between 26 and 31. Conditions should be a bit cleaner and with a firm platform with race time snow temperature between 28-30.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Spray on High Performance Yellow Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Red Hot Wax, apply HP Yellow Hot Wax, scrape and brush.

## Gripwax: NA

Structure: A universal structure by itself or covering a linear structure with one pass with the Yellow Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

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Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.