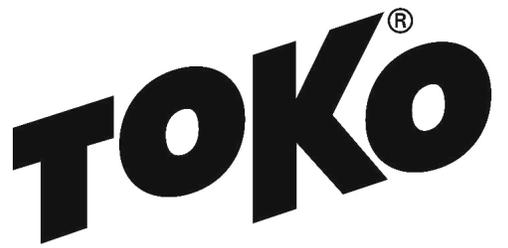


WAX RECOMMENDATION



Ski to the Sun Marathon and Relay

Mazama Corral Trailhead, Mazama, WA

Saturday, February 12

8:15 A.M. Classic, 8:45 A.M. Freestyle Wave 1

42K, Classic, Freestyle and Relay teams

Wave start

Point-to-Point

<http://www.methowtrails.org>

Forecast/Conditions: Overnight low of 23 at the start with the temperature expected to rise to 39 by race completion for those finishing after noon. Firm, fully transformed snowpack with some dirt mixed in especially at road crossing areas. Sunny skies are likely.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Klister Green, cork smooth, let cool. Then apply a single layer of Nordic Red +Blue Klister mixed 50/50, cork smooth.

Structure: A universal structure or a fine structure covered with one pass with the Red Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service