

WAX RECOMMENDATION

TOKO[®]

Mount Spokane Nordic Cup JNQ

Mount Spokane XC Park, Mead, WA

Saturday, February 19

9 A.M. Sprint Qualifiers begin, Heats to follow

1.2K, Freestyle technique

<http://www.spokanenordic.org>

Forecast/Conditions: Overnight low of 29 rising to 35 by completion of heats under mostly cloudy skies. Transformed and firm snowpack with some dirt in places. A 30 percent chance of afternoon moisture.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Spray on High Performance Yellow Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Red Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush. HP LP Yellow spray can be reapplied after brushing out any dirt with a copper brush prior to a heat and skied while still wet with great results in warm conditions.

Gripwax: NA

Structure: A fine structure covered by one pass with the Red Structurite tool followed by a pass with the Blue Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

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