

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## Wasatch Citizens Series Race #1 (rescheduled)

Mountain Dell Golf Course, Salt Lake City, UT

Saturday, January 29

10 A.M. Juniors, adults start about 10:30 A.M.

10K, Classic technique

Interval start format on a 5K loop

[www.utahnordic.org/wcs-3-10km-classic-individual-start/](http://www.utahnordic.org/wcs-3-10km-classic-individual-start/)

**Forecast/Conditions:** Overnight low 19, temperature at start in the low to mid-20s and sunny. Snow will be very old, partially transformed and granular.

**Glidewax:** All WCS races are now fluoro-free. Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush for Liquid Paraffin. If you do not have LP spray, after scraping and brushing HP Blue Hot Wax, apply HP Red Hot Wax, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper. For the most versatility iron in Nordic Base Wax Green as a binder layer, cork smooth, let cool. Then apply 2 layers of Nordic GripWax Red, corking between layers.

**Structure:** A universal stone ground structure covered by one pass with the Red Structurite tool followed by one pass with the Blue wheel after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

**Racing - Service**

Created by Barry Makarewicz, Toko Tech Team member since 2000.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).