

# WAX RECOMMENDATION



## Smells Like Ski Spirit

Pineland Farms, New Gloucester, ME

Sunday, January 9

10 A.M.

8K Citizens, 4K High School, 3K Middle School,

Shorter distances for younger kids, Freestyle

Interval start for Citizens race, wave start for others

<https://www.nonstopnordic.com/ski-spirit>

Forecast/Conditions: Fresh snowfall of 1-3 inches Friday, Friday night low of 12 with cloudy skies. Saturday sun with a chance of clouds, warming to a high of 24.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply HP Red Hot Wax, scrape and brush.

Gripwax: N/A

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

Created by Ben Lustgarten, Toko Tech Team member since 2020.

Check the [Wax Tips](#) page at [TokoUS.com](https://www.toko.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](https://www.toko.com).

Racing - Service