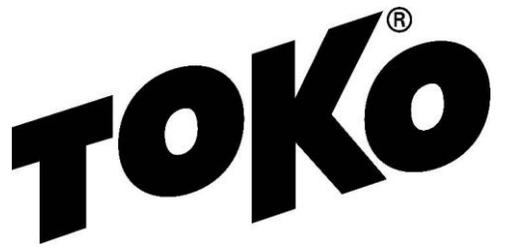


WAX RECOMMENDATION



Sisu Ski Fest

ABR Trails, Ironwood, MI

Saturday, January 8

9:30 A.M. Central Standard Time

30K, Classic and Freestyle categories

Wave start, Point-to-point course

SISUSkifest.com

Forecast/Conditions: Friday night a 40 percent chance of snow showers after midnight. Mostly cloudy, with overnight low of 2F.

Saturday a 30 percent chance of snow showers and race temperature 12-17F. Expecting clean, dry machine worked and packed snow.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Apply a second layer of HP Blue Hot Wax, scrape and brush. Due to the likelihood of snow overnight and given the point-to-point course (no laps, so snow will not get very skied in), we are recommending HP Hot Wax and no HP LP.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-3 layers of Nordic GripWax Blue, corking between layers. For the 30K, cover with 1-2 layers of Nordic GripWax X-Cold, corking between layers.

Structure: A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing HP Hot Wax will best suit these conditions.

Created by Michael Young, Toko Tech Team member since 2005.

Racing - Service

Check the [Wax Tips](http://TokoUS.com) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](http://TokoUS.com) link at TokoUS.com.