

WAX RECOMMENDATION



Pre-Loppet

Theo Wirth Park, Minneapolis, MN

Sunday, January 16

8:30 A.M.

5K and 15K Freestyle on a 5K course

<https://www.loppet.org/events/preloppet/#race-day-info>

Forecast/Conditions: Overnight low of 7F rising to 11 at the start. New snow expected on Friday will be tilled into the existing base of mostly manmade snow. Mostly cloudy. Expect a solid racing platform.

Glidewax: Apply High Performance Blue Hot Wax, sprinkle on X-cold Powder, iron in together, scrape and brush. Spray on High Performance Blue Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply HP Blue Hot Wax, sprinkle on X-cold Powder, iron in together, scrape and brush. See TokoUS.com videos for instructions on applying X-Cold Powder with Blue Hot Wax.

Structure: A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

Created by Gerald Slater, Toko Tech Team member since 2006. grslater@comcast.net

Check the [Wax Tips](http://TokoUS.com) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](http://TokoUS.com) link at TokoUS.com.

Racing - Service