

# WAX RECOMMENDATION

## Gunnar Hagan Memorial Race

Cabin Creek Exit 63, Hwy 90, Snoqualmie Pass, WA

Sunday, January 16

10 A.M. Race start

30K and 7.5K, Classic technique

Individual start

30K is 4 laps of 7.5K

<http://www.kongsbergers.org>

**Forecast/Conditions:** Overnight low of 30 with temperature rising to 38 by race completion under partly sunny skies. Midweek rain has made the snowpack a bit more humid even with more than a 6' base. Some tree debris will be ground in from grooming during tree removal.

**Glidewax:** NO Fluoros allowed. Apply High Performance Red Hot Wax, scrape and brush. Spray on High Performance Yellow Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Red Hot Wax, apply HP Yellow Hot Wax, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Klister Green, smooth, let cool. Then apply a 50/50 layer of Klister Red/Klister Yellow, cork smooth, let cool before skiing. If you are using skin skis, be sure to treat your skins with Eco Skin Proof the day before the event for best results.

**Structure:** A wet or universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

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